

NATIVE PLANTS FOR POLLINATORS & BENEFICIAL INSECTS: SOUTH WEST – AZ • CO • NM Plateaus



LEFT—Common checkered skipper nectaring on *Ericameria nauseosa*. RIGHT—Digger bee on *Ribes aureum*.

Plant Selection

These plants are attractive to a diversity of pollinators, providing pollen and nectar to bees, butterflies, flies, beetles, wasps, and moths. Some plants provide additional resources as caterpillar host plants or nesting sites and nesting materials for above-ground nesting bees. Many support specialist bees that require pollen from specific plants to survive and supplement beneficial insects that can help control pests of ornamental and crop plants. These plants are native to this region—determine if a species is native in your area at plants.usda.gov—and can be used to create or enhance pollinator habitat across rural and urban landscapes.

When purchasing plants, let your local garden center or nursery know you want plant material free of pesticides that may harm pollinators.

Resources

- ⇒ Pollinator Conservation Resource Center: xerces.org/pollinator-resource-center
- ⇒ Bring Back The Pollinators: BringBackthePollinators.org
- ⇒ Reducing Pesticide Use & Impacts: xerces.org/pesticides

SCIENTIFIC NAME	COMMON NAME	BLOOM	LIFE	FORM	SUN	SOIL	ADDITIONAL DETAILS ⓘ
<i>Asclepias speciosa</i> ★	Showy milkweed	MAY–SEP	P			M	
<i>Asclepias subverticillata</i>	Horsetail milkweed	JUL	P			D	
<i>Berberis haematocarpa</i>	Algerita	FEB–JUN	P			D	
<i>Bouteloua curtipendula</i>	Side-oats grama	JUL–SEP	P			M	
<i>Ceanothus fendleri</i>	Fendler's ceanothus	JUN–JUL	P			D	
<i>Cirsium neomexicanum</i>	New Mexico thistle	MAY	B / P			M	
<i>Dalea candida</i> ★	White prairie clover	MAY–SEP	P			D	
<i>Delphinium scaposum</i>	Bare-stem larkspur	MAR–MAY	P			D	
<i>Dimorphocarpa wislizeni</i>	Spectaclepod	MAR–JUL	A			D	
<i>Ericameria nauseosa</i> ★	Rubber rabbitbrush	AUG–OCT	P			D	
<i>Erigeron divergens</i>	Spreading fleabane	APR–OCT	B			D	
<i>Eriogonum jamesii</i>	James' buckwheat	JUN–OCT	P			D	

KEY LIFE: Annual Biennial Perennial SOIL: Dry Moist Wet ★ Staff favorite FORM: Forb Cactus Grass Sedge Shrub Tree Vine SUN: Full sun Partial sun Full shade ADD'L: Larval host (butterfly, moth) DETAILS: Supports specialist bee Attracts beneficial insects Bumblebee plant Nest thatch Nest site Deer resistant

Native Plants for Pollinators & Beneficial Insects: AZ • CO • NM Plateaus *continued*

SCIENTIFIC NAME	COMMON NAME	BLOOM	LIFE	FORM	SUN	SOIL	ADDITIONAL DETAILS ①
<i>Erysimum capitatum</i>	Western wallflower	MAR–JUL	B / P			M	
<i>Fallugia paradoxa</i>	Apache plume	MAY–JUN	P			D	
<i>Forestiera pubescens</i>	New Mexico olive	FEB–APR	P			D / M	
<i>Gaillardia pulchella</i>★	Blanketflower	APR–MAY	A / B / P			M	
<i>Glandularia bipinnatifida</i>	Prairie verbena	MAY–SEP	A / P			D	
<i>Grindelia squarrosa</i>	Curlycup gumweed	JUL–SEP	A / P			D	
<i>Gutierrezia sarothrae</i>	Broom snakeweed	JUN–JUL	P			D	
<i>Helianthus annuus</i>	Common sunflower	JUN–AUG	A			D	
<i>Heliomeris multiflora</i>	Goldeneye	JUL–SEP	P			M	
<i>Heterotheca villosa</i>	Hairy false goldenaster	JUN–AUG	P			D	
<i>Linum lewisii</i>	Blue flax	MAY–SEP	P			M	
<i>Lupinus argenteus</i>	Silvery lupine	JUL–SEP	P			D	
<i>Lycium pallidum</i>	Pale wolfberry	APR–JUN	P			M	
<i>Machaeranthera tanacetifolia</i>★	Tahoka daisy	AUG–OCT	A			D	
<i>Mentzelia multiflora</i>	Adonis blazingstar	MAR–OCT	B / P			D	
<i>Monarda fistulosa</i> var. <i>menthifolia</i>	Beebalm	MAY–SEP	P			M	
<i>Oenothera cespitosa</i>	Tufted evening primrose	MAY–JUN	P			D	
<i>Opuntia macrorhiza</i>	Twistspine prickly pear	JUN–JUL	P			D	
<i>Penstemon palmeri</i>	Palmer's penstemon	MAY–JUN	P			D	
<i>Penstemon strictus</i>★	Rocky Mountain penstemon	MAY–JUL	P			D	
<i>Peritoma serrulata</i>	Rocky Mountain beeplant	JUL–SEP	A			D	
<i>Phacelia integrifolia</i>	Scorpionweed	MAY–OCT	A			D	
<i>Purshia mexicana</i> var. <i>stansburyana</i>	Stansbury cliffrose	APR–JUL	P			D	
<i>Quercus gambelii</i>	Gambel oak	MAR–MAY	P			D	
<i>Ratibida columnifera</i>★	Upright prairie coneflower	MAY–OCT	P			M	
<i>Rhus aromatica</i>★	Threelobed sumac	MAR–APR	P			D	
<i>Ribes aureum</i>	Golden currant	APR–MAY	P			D	
<i>Robinia neomexicana</i>	New Mexico locust	MAY–JUL	P			M	
<i>Rosa woodsii</i>	Wood's rose	MAY–JUL	P			M	
<i>Salix exigua</i>	Coyote willow	APR–MAY	P			W	
<i>Scabrethia scabra</i>	Badlands mules-ear	MAY–OCT	P			D	
<i>Senecio flaccidus</i>★	Threadleaf groundsel	JUN–OCT	P			D	
<i>Sphaeralcea coccinea</i>★	Scarlet globemallow	APR–SEP	P			D	
<i>Sporobolus airoides</i>	Alkali sacaton	JUN–OCT	P			D	
<i>Stanleya pinnata</i>	Desert prince's plume	MAR–APR	P			D	
<i>Tetranneuris acaulis</i>	Angelita daisy	MAY–JUL	P			D	
<i>Thelesperma megapotamicum</i>	Cota	MAY–OCT	P			D	
<i>Verbesina encelioides</i>	Crownbeard	JUN–AUG	A			D	

KEY	LIFE: Annual	SOIL: Dry	★ Staff favorite	FORM: Forb	Sedge	Vine	SUN: Full sun	ADD'L: Larval host (butterfly, moth)	DETAILS: Supports specialist bee	Bumblebee plant	Nest thatch
	Biennial	Moist		Cactus	Shrub	Partial sun	Attracts beneficial insects				
	Perennial	Wet		Grass	Tree	• Full shade	Nest site				

Acknowledgments

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