

# NATIVE PLANTS FOR POLLINATORS & BENEFICIAL INSECTS: Mid-Atlantic



LEFT—*Ptilothrix bombiformis*, a hibiscus specialist bee, drinks nectar inside a *Hibiscus moscheutos* flower. RIGHT—Bumble bee on *Cercis canadensis*.

## Plant Selection

These plants are attractive to a diversity of pollinators, providing pollen and nectar to bees, butterflies, flies, beetles, wasps, and moths. Some plants provide additional resources as caterpillar host plants or nesting sites and nesting materials for above-ground nesting bees. Many support specialist bees that require pollen from specific plants to survive and supplement beneficial insects that can help control pests of ornamental and crop plants. These plants are native to this region—determine if a species is native in your area at [plants.usda.gov](http://plants.usda.gov)—and can be used to create or enhance pollinator habitat across rural and urban landscapes.

When purchasing plants, let your local garden center or nursery know you want plant material free of pesticides that may harm pollinators.

## Resources

- ⇒ Pollinator Conservation Resource Center: [xerces.org/pollinator-resource-center](http://xerces.org/pollinator-resource-center)
- ⇒ Bring Back The Pollinators: [BringBackthePollinators.org](http://BringBackthePollinators.org)
- ⇒ Reducing Pesticide Use & Impacts: [xerces.org/pesticides](http://xerces.org/pesticides)

SCIENTIFIC NAME	COMMON NAME	BLOOM	LIFE	FORM	SUN	SOIL	ADDITIONAL DETAILS ⓘ
<i>Acer rubrum</i>	Red maple	MAR–APR	P			W	
<i>Amelanchier canadensis</i>	Canadian serviceberry	APR–MAY	P			M	
<b><i>Asclepias incarnata</i>★</b>	Swamp milkweed	JUN–SEP	P			W	
<i>Asclepias syriaca</i>	Common milkweed	JUN–AUG	P			D–M	
<i>Asclepias tuberosa</i>	Butterfly milkweed	JUN–AUG	P			D	
<b><i>Baptisia tinctoria</i>★</b>	Yellow wild indigo	JUN–AUG	P			D	
<b><i>Castanea pumila</i>★</b>	Chinquapin	APR–MAY	P			D	
<i>Ceanothus americanus</i>	New Jersey tea	JUN–JUL	P			D	
<b><i>Cephalanthus occidentalis</i>★</b>	Buttonbush	JUN–AUG	P			W	
<i>Cercis canadensis</i>	Eastern redbud	MAR–APR	P			D	
<i>Chamaecrista fasciculata</i>	Partridge pea	JUL–SEP	A			M	
<i>Chrysopsis mariana</i>	Maryland goldenaster	JUL–OCT	P			M	

  

<b>KEY</b>	<b>LIFE:</b> Annual	<b>SOIL:</b> Dry	★ <b>Staff favorite</b>	<b>FORM:</b> Forb	Sedge	Vine	<b>SUN:</b> Full sun	<b>ADD'L:</b> Larval host (butterfly, moth)	Supports specialist bee	Attracts beneficial insects	Bumble bee plant	Nest site	Nest thatch	Deer resistant
	Biennial	Moist		Cactus	Shrub	Partial sun	Full shade				Supports specialist bee	Attracts beneficial insects	Nest site	Deer resistant
	Perennial	Wet		Grass	Tree									

## Native Plants for Pollinators & Beneficial Insects: Mid-Atlantic *continued*

SCIENTIFIC NAME	COMMON NAME	BLOOM	LIFE	FORM	SUN	SOIL	ADDITIONAL DETAILS ①
<i>Conoclinium coelestinum</i>	Blue mistflower	JUN–AUG	P			M	
<i>Coreopsis lanceolata</i>	Lanceleaf coreopsis	APR–JUN	P			M	
<i>Coreopsis verticillata</i>	Whorled tickseed	MAY–JUL	P			D	
<i>Echinacea purpurea</i>	Purple coneflower	JUN–AUG	P			M	
<i>Eurybia macrophylla</i>	Bigleaf aster	JUL–SEP	P			M	
<i>Eutrochium purpureum</i>	Sweetscented Joe Pye weed	JUL–AUG	P			M	
<i>Gaillardia aristata</i>	Blanketflower	APR–MAY	P			M	
<i>Gaylussacia baccata</i>	Black huckleberry	MAY–JUN	P			D	
<i>Helianthus divaricatus</i>	Woodland sunflower	JUL–SEP	P			M	
<i>Hibiscus moscheutos</i>	Crimsoneyed rosemallow	JUN–AUG	A / P			W	
<i>Iris versicolor</i>	Blueflag	MAY–JUL	P			W	
<i>Liatris spicata</i>	Dense blazing star	JUL–SEP	P			M	
<i>Lobelia siphilitica</i>	Great blue lobelia	JUN–AUG	P			W	
<i>Monarda fistulosa</i>	Wild bergamot	MAY–SEP	P			M	
<i>Monarda punctata</i>	Dotted mint	JUN–AUG	A / P			D	
<i>Opuntia humifusa</i>	Eastern pricklypear	MAY–JUL	P			D	
<i>Packera aurea</i>	Golden ragwort	MAR–APR	P			M	
<b><i>Penstemon digitalis</i>★</b>	Smooth beard tongue	JUN–JUL	P			D	
<i>Phlox divaricata</i>	Wild blue phlox	JUN–AUG	P			M	
<b><i>Prunus maritima</i>★</b>	Beach plum	MAY–JUN	P			M	
<b><i>Pycnanthemum tenuifolium</i>★</b>	Narrowleaf mountain mint	JUN–AUG	P			M	
<i>Rhododendron periclymenoides</i>	Pink azalea	APR–MAY	P			D	
<i>Rhus copallinum</i>	Winged sumac	APR–MAY	P			D	
<i>Ribes americanum</i>	American black currant	MAY–JUN	P			D	
<i>Rosa carolina</i>	Pasture rose	JUN–AUG	P			D	
<b><i>Salix discolor</i>★</b>	Pussy willow	FEB–APR	P			W	
<i>Senna marilandica</i>	Maryland senna	JUN–AUG	P			D	
<b><i>Solidago flexicaulis</i>★</b>	Zigzag goldenrod	JUL–SEP	P			M	
<i>Solidago sempervirens</i>	Seaside goldenrod	JUL–SEP	P			D	
<i>Symphotrichum cordifolium</i>	Common blue wood aster	JUN–AUG	P			D	
<i>Symphotrichum lateriflorum</i>	Calico aster	AUG–OCT	P			M	
<b><i>Symphotrichum novae-angliae</i>★</b>	New England aster	AUG–OCT	P			W	
<i>Tephrosia virginiana</i>	Virginia tephrosia	APR–JUL	P			D	
<i>Tilia americana</i>	American basswood	MAY–JUN	P			M	
<i>Vaccinium corymbosum</i>	Wetbush blueberry	JUN–JUL	P			M	
<i>Verbena hastata</i>	Swamp verbena	JUL–SEP	P			W	
<i>Veronicastrum virginicum</i>	Culver's root	JUN–AUG	P			M	
<b><i>Viburnum dentatum</i>★</b>	Southern arrowwood	APR–MAY	P			W	

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We make the commitment to you that we will work every day to protect pollinators and their habitat. Will you support our work?  
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